

| <b>28.Vereinsmeisterschaft am 25.08.23</b> |              |              |              |                   |                  |                    |                   |       |       |                   |                 |                                  |
|--|--------------|--------------|--------------|-------------------|------------------|--------------------|-------------------|-------|-------|-------------------|-----------------|----------------------------------|
|  | <b>1,3km</b> |              |              | <b>4,6km (4R)</b> |                  |                    | <b>5,7km (5R)</b> |       |       | <b>Ziel/ 10km</b> | <b>Platz</b>    |                                  |
| Phillipp Gabriel                           | 5:53min      |              |              |                   |                  |                    |                   |       |       |                   |                 |                                  |
| Konrad Andert                              | 10:39        | 08:36        | <b>08:34</b> | 08:45             | 09:50 (36:34min) | 46:24min (Walking) |                   |       |       |                   |                 |                                  |
| Ina Schlüter                               | 15:01        | 12:48        | 12:50        | 12:29             | 53:10min         | (Walking)          |                   |       |       |                   |                 |                                  |
| Liane Gabriel                              | 15:01        | 12:48        | 12:50        | 12:29             | 53:10min         | (Walking)          |                   |       |       |                   |                 |                                  |
| Thomas Klemmer                             | 07:41        | 06:34        | 06:48        | 21:03min          | (3,5km)          |                    |                   |       |       |                   |                 |                                  |
| <b>Holger Rothe</b>                        | 06:03        | 05:02        | <b>04:53</b> | 05:03             | 04:59            | <b>26:00min</b>    | <b>04:53</b>      | 05:15 | 05:18 | 05:17             | 46:43min        | <b>Vereinsmeister M60+</b>       |
| Gunnar Barber                              | 06:03        | <b>05:19</b> | 05:22        | 05:23             | 05:24            | <b>27:31min</b>    | 05:31             | 05:30 | 05:33 | 05:27             | 49:32min        | <b>Vizemeister M60+</b>          |
| Uwe Mohr                                   | 06:22        | <b>05:16</b> | 05:17        | 05:25             | 05:32            | <b>27:52min</b>    |                   |       |       |                   |                 | <b>3.Platz/ 1.M65</b>            |
| Reiner Spiering                            | 06:23        | <b>05:16</b> | 05:34        | 05:39             | 05:21            | <b>28:13min</b>    |                   |       |       |                   |                 | <b>4.Platz/ 2.M60</b>            |
| Dirk Pätzig                                | 06:22        | <b>05:16</b> | 05:26        | 05:34             | 05:44            | <b>28:23min</b>    |                   |       |       |                   |                 | 5.Platz/ 2.M65                   |
| <b>Heike Lindemann</b>                     | 07:17        | <b>06:07</b> | 06:09        | 06:13             | 06:13            | <b>31:53min</b>    |                   |       |       |                   |                 | <b>6./ Vereinsmeisterin W60+</b> |
| Bertold Rämisch                            | 07:43        | <b>06:54</b> | 07:06        | 07:02             | 07:00            | <b>35:45min</b>    |                   |       |       |                   |                 | 7./ 3.M65                        |
| Christine Mohr                             | 07:51        | <b>06:54</b> | 07:07        | 07:14             | 07:15            | <b>36:21min</b>    |                   |       |       |                   |                 | <b>8./ Vizemeisterin W60+</b>    |
| Peter Rymarowicz                           | 08:13        | 07:25        | <b>07:13</b> | 07:32             | 07:45            | <b>38:02min</b>    |                   |       |       |                   |                 | 9./ 4.M65                        |
| Helge Ziems                                | 12:42        | <b>08:59</b> | 11:22        | 09:59             | 10:02            | <b>53:04min</b>    |                   |       |       |                   |                 | <b>10./ 1.M80</b>                |
| <b>Robert Edler</b>                        | 05:16        | <b>04:14</b> | 04:21        | 04:23             | 04:22            | 22:36min           | 04:35             | 04:40 | 04:54 | 04:46             | <b>41:31min</b> | <b>Vereinsmeister</b>            |
| Steffen Nordwig                            | 05:31        | <b>04:52</b> | 05:01        | 05:06             | 05:11            | 25:41min           | 05:13             | 05:11 | 05:14 | 05:06             | <b>46:24min</b> | <b>Vizemeister</b>               |
| <b>Andrea Gaede</b>                        | 06:53        | 05:38        | 05:35        | 05:42             | 05:45            | 29:33min           | <b>05:29</b>      | 05:35 | 05:35 | 05:30             | <b>51:42min</b> | <b>3.Platz/ Vereinsmeisterin</b> |
| Marcus Gaede                               | 06:16        | <b>05:27</b> | 05:37        | 05:45             | 05:51            | 28:56min           | 06:02             | 06:14 | 06:26 | 06:31             | <b>53:05min</b> | <b>4./ 3.Männer/ 1.M55</b>       |
| Stefan Friese                              | 07:28        | 06:06        | 06:03        | <b>05:59</b>      | 06:10            | 31:46min           | 06:07             | 06:04 | 06:18 | 06:09             | <b>56:24min</b> | 5./ 2.M55                        |
| Steffen Lüder                              | 06:35        | <b>05:52</b> | 06:01        | 06:17             | 06:23            | 31:08min           | 06:28             | 06:32 | 06:30 | 06:37             | <b>57:15min</b> | 6./ 3.M55                        |