

## 16.Vereinsmeisterschaft des LC RON-HILL Berlin am 06.09.09

### 9,8km

1.	<b>Christian Karbe</b>	39:44min.	1.M30
2.	Lothar Lehmann	40:05min.	1.M55
3.	<b>Sylvia Jacobs</b>	40:28min.	<b>1.Frau/ 1.W45</b>
4.	Dr. Steffen Lüder	41:49min.	1.M40
5.	Uwe Mohr	42:35min.	1.M50
6.	Dirk Pätzig	43:04min.	2.M50
7.	Peter Rymarowicz	43:48min.	2.M55
8.	<b>Dr. Katja Lünser</b>	45:58min.	<b>2.Frau/ 1.W30</b>
8.	<b>Sylvia Kegel</b>	45:58min.	<b>2.Frau/ 2.W45</b>
10.	Bodo Matthes	47:01min.	1.M45
11.	Klaus Mendritzki	47:22min.	2.M45
12.	Knuth Triebe	49:11min.	3.M55
13.	Ilka Gomoll	49:21min.	<b>4.Frau/ 1.W35</b>
14.	Dennis Knychala	49:22min.	2.M30
15.	Udo Palm	50:40min.	Gast/ 1.M60
16.	Ecky Broy	51:23min.	3.M50
17.	<b>Bernd Holtkamp</b>	53:32min.	<b>1.M60+/ 1.M70</b>
18.	<b>Eike Tank</b>	57:23min.	<b>2.M60+/ 1.M65</b>

### 5,5km

1.	Erhard Bader	35:34min.	1.M75
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### 1,1km

1.	Tim Lange	7:20min.	
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